



Slice of Cheese
Pizza

575
Calories



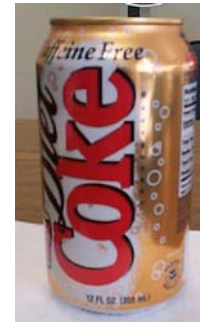
Glass of Milk

150
Calories



Can of Soda

180
Calories



Can of Diet Soda

0
Calories



Candy Bar

280
Calories



Hamburger

280
Calories



Double Quarter
Pounder

770
Calories



Chocolate Shake
Large

1150
Calories



Large French Fries

520
Calories



Broccoli

50
Calories



Bowl of Salad
No dressing

30
Calories



Plate of Spaghetti
w/ Meatballs

300
Calories



Macaroni and
Cheese

200
Calories



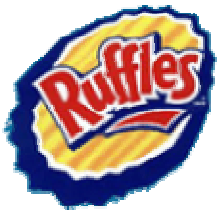
Bowl of Cheerios

150
Calories



Bowl of Frosted
Flakes

160
Calories



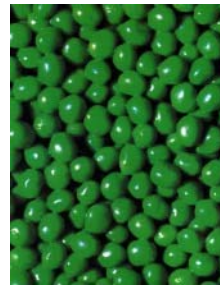
Bag of Potato Chips

160
Calories



Green Beans
1 Cup

50
Calories



Peas

80
Calories



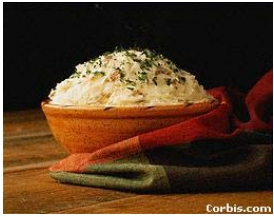
Carrots

45
Calories



Chicken Noodle
Soup

115
Calories



Mashed Potatoes
1 Cup

240
Calories



Hot Dog w/ Ketchup
and Relish

250
Calories



Slice of Watermelon

86
Calories



Ice Cream Cone
(1 Scoop)

260
Calories



Glass of
Unsweetened Iced
Tea

4
Calories



Salmon
3 oz.

150
Calories



Fish Sticks
(4)

300
Calories



Grilled Cheese

520
Calories



Baked Beans
1 Cup

382
Calories



Peanut Butter and
Jelly Sandwich

400
Calories



Salad w/ 1 Tbsp
Russian Dressing

30+75
105
Calories



Apple

110
Calories



Orange

86
Calories



Banana

121
Calories



Fried Chicken
Thigh

360
Calories



Grilled Chicken

250
Calories



Potato Salad

350
Calories



Coleslaw

80
Calories



Apple Pie

411
Calories



Taco

568
Calories